

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Class Hr: \_\_\_\_\_ Score: \_\_\_\_\_

## Paraphrasing Paragraph Practice: Worksheet

### What is Paraphrasing?

Paraphrasing means rewriting a text in your own words while keeping the original meaning. It helps improve understanding, avoid plagiarism, and develop writing skills.

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### Tips for Paraphrasing

1. **Read the paragraph carefully** to understand the meaning.
2. **Use synonyms** where appropriate.
3. **Change the sentence structure** (e.g., active → passive).
4. **Keep the original meaning.**
5. **Do not copy phrases** word-for-word unless they are common terms.

### Part A: Practice Paraphrasing

#### 1. Original Paragraph:

The sun provides the Earth with light and heat, making life possible on our planet. Plants use sunlight to make their food through a process called photosynthesis, which also produces oxygen.

**Paraphrase it:**

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#### 2. Original Paragraph:

Many people believe that exercise helps reduce stress. When you work out, your body releases chemicals called endorphins, which can make you feel happier and more relaxed.

**Paraphrase it:**

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#### 3. Original Paragraph:

Pollution from cars and factories contributes to global warming. Greenhouse gases trap heat in the atmosphere, leading to rising temperatures and changes in weather patterns.

**Paraphrase it:**

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**Part B: Identify the Better Paraphrase****Original Paragraph:**

Reading books can improve your vocabulary and concentration. It also helps you gain knowledge and develop empathy by exploring different points of view.

**Which of the following is a better paraphrase? Circle one.**

**A.** Reading makes people smarter and is a fun thing to do.

**B.** Reading helps you learn new words and focus better. It also lets you understand how others think and feel.

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**Part C: Paraphrase This Paragraph****Original Paragraph:**

Technology has changed the way we communicate. Instead of writing letters, people now use email, texting, and social media to stay in touch quickly and easily.

**Your Paraphrase:**

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**Challenge: Paraphrase Without Losing Meaning**

Paraphrase the following paragraph **without removing any important details**.

**Original Paragraph:**

The water cycle includes several steps: evaporation, condensation, precipitation, and collection. Water from oceans, lakes, and rivers evaporates into the air, forms clouds, falls as rain or snow, and then gathers in bodies of water again.

**Your Paraphrase:**

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